

RAF Mildenhall Youth Sports Program

Start Smart **Basketball**

Soccer *Baseball*

Volleyball **Flag Football**

- Registration will begin approximately 4 weeks prior to the beginning of the season.
- Late registrations will incur a \$5 late fee and are subject to the approval of the Sports Director.
- *Refunds will only be given for the following reasons: Emergency PCS, Emergency Leave, and Illness with a medical certificate and real world issues.

Start Smart 2019/2020

Start Smart 2019/20 Cost: \$30

Ages 3 - 5 years (parents must be present).
Friday's at 5 pm - 5:45 pm. *Session lasts 45 min.*

SPORT	REGISTRATION	SEASON
Basketball	4 Dec 19 – 4 Jan 20	3 Jan – 7 Feb 20
Soccer	10 Feb – 6 Mar 20	6 Mar – 24 April 20
Baseball	13 April – 8 May 20	8 May – 12 June 20

Football • 20 Jul – 21 Aug 20 // 21 Aug – 25 Sep 20



Season Calendar

\$45 per youth

Basketball 2019 / 2020

Registration: 7 Oct – 1 Nov 19
Coaches Training: 5 Nov 19
Skill Assessments: 26/27 Nov 19
Parents Meeting: 6 Dec • 6 pm
Season: 3 Dec 19 – 28 Feb 20

Outdoor Soccer 2020

Registration: 27 Jan – 21 Feb 20
Coaches Training: 25 Feb 20
Skills Assessments: 27 – 28 Feb 20
Parents Meeting: 6 Mar • 6 pm
Season: 9 Mar – 22 May 20

Baseball / Volleyball 2020

Registration: 13 April – 8 May 20
Baseball/Volleyball Coaches Trn: 19 May • 6 pm
Baseball Skills Assessments: 26 May 20
Volleyball Skills Assessments: 27 May 20
Volleyball Parents Meeting: 4 June • 6 pm
Baseball Parents Meeting: 5 June • 6 pm
Season: 8 Jun – 14 Aug 20

Flag Football Indoor Soccer 2020

Registration: 20 July – 14 Aug 20
Coaches Training: 18 Aug 20 • 6 pm
Flag Football Skills Assessments: 20 Aug 20
Indoor Soccer Skills Assessments: 21 Aug 20
Football Parents Meeting: 27 Aug 20 • 6 pm
Soccer Parents Meeting: 28 Aug 20 • 6 pm
Season: 8 Sep – 13 Nov 20

The Philosophy

"Athletes First, Winning Second"



At RAF Mildenhall, the Youth Sports Program develops programs that foster Children's ethical, social, physical, intellectual and psychological development all with the purpose of having fun and enjoyment, while at the same time nurturing each child's capacity to learn life-skills. The emphasis of youth sports is on skills development, cooperation, teamwork and maximum participation. The Air Force Youth Sports Program follows the National Standards for Youth Sports and develops programs that are consistent with the philosophy outlined in those standards.

Program Philosophies

- 5 – 6 year olds • Developmental Program
- 7 – 8 year olds • Sport Instruction Program
- 9 – 10 year olds • Organizational Program
- 11 – 12 year olds • Skill Enhancement Program
- 13 – 18 year olds • Complex Skill Development
- Game Strategy & Refinement

Sport Physicals

IAW AFI 34-144, All participants are required to have an annual sports physical. Parents can obtain a physical by scheduling an appointment with RAF Lakenheath Pediatrics (28 days in advance) at (226 8010). After the physical has been completed, please return the physical form to the RAF Mildenhall Youth Center to be kept on file for a year. After the year is up, the forms are destroyed.

**All programs and events are based on a first come, first served basis. Registration is not official until fees have been paid and permission forms fully completed. Program information, dates and times are subject to change. Please feel free to contact YP Sports Director for further information at 01638 54 0098.

Player's Code of Ethics

I hereby pledge to provide positive support, care and encouragement for my teammates participating in youth sports by following this:

PLAYER'S CODE OF ETHICS PLEDGE

- *I will encourage good sportsmanship from fellow players, coaches, officials, and parents at every game and practice by demonstrating good sportsmanship.
- *I will attend every practice and game that I can and will notify my coach if I cannot.
- *I will expect to receive a fair and equal amount of playing time.
- *I will do my very best to listen and learn from my coaches.
- *I will treat my coaches, other players, officials and fans with respect regardless of race, sex, creed, or abilities and I will expect to be treated accordingly.
- *I deserve to have fun during my sports experience and will alert parents of coaches when it stops being fun.
- *I deserve to play in an environment that is free from drugs, tobacco and alcohol and expect adults to refrain from their use at all youth sports.
- *I will encourage my parents to be involved in my team in some capacity because it is important to me.
- *I will do my very best in school.
- *I will remember that sports participation is an opportunity to learn and have fun.

"ALL STAR" START SMART PROGRAM

A 6 week developmental program for children ages 3 – 5 years. The program helps parents work one-on-one with their children while teaching them the basics of sports (throwing, catching, kicking and batting) and prepare them for organized sports.



If interested, look out for the start of the next 6 week session available in 2020!

Parent's Code of Ethics

I hereby pledge to provide positive support, care and encouragement for my child participating in youth sports by following this:

PARENTS CODE OF ETHICS PLEDGE

- *I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice, or other youth sports events.
- *I will place the emotional and physical well-being of my child ahead of a personal desire to win.
- *I will insist that my child play in a safe and healthy environment.
- *I will support coaches and officials working with my child, in order to encourage a positive and enjoyable experience for all.
- *I will demand a sports environment for my child that is free of drugs, tobacco, and alcohol and will refrain from their use of all youth sports events.
- *I will remember that the game is for youth-not for adults.
- *I will do my very best to make youth sports fun for my child.
- *I will ask my child to treat other players, coaches, fans, and officials with respect regardless of race, sex, creed or ability.
- *I promise to help my child enjoy the youth sports experience by doing whatever I can, such as being a respectful fan, assisting with coaching, or providing transportation.
- *I will require my child's coach be trained in the responsibilities of being a youth sports coach and that the coach uphold the Coach's Code of Ethics.
- *I will read the NYSCA National Standards for Youth Sports and do what I can to help all youth sports organizations implement and enforce them.

RAF Mildenhall Youth Programs

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RAF MILDENHALL

Youth Sports Program 2020



Youth Programs Sports Coordinators

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