

RAF MILDENHALL

2021- 2022



YOUTH SPORTS PROGRAM



RAF Mildenhall Youth Programs
238-5437 / 01638-54-5437
100FssSchoolAgeAll@us.af.mil



START SMART SOCCER FLAG FOOTBALL BASEBALL BASKETBALL



- Registration will begin approximately 4 weeks prior to the beginning of the season.
- Late registrations will incur a \$5 late fee and are subject to the approval of the Sports Director.
- *Refunds will only be given for the following reasons: Emergency PCS, Emergency Leave, Illness with a medical certificate and real world issues.

START SMART 2021/2022 - \$30

Ages 3-5 years (parents must be present).

START SMART SOCCER - 2021

- Registration: February 8 - March 5 2021
- Season: March 5 - April 16 2021

START SMART BASEBALL - 2021

- Registration: April 12 - May 7 2021
- Season: May 7 - June 11 2021

START SMART FOOTBALL - 2021

- Registration: July 19 - August 13 2021
- Season: August 13 - September 17 2021

START SMART BASKETBALL - 2021 / 2022

- Registration: December 6 - December 31 2021
- Season: January 7 - February 11 2022

SEASON CALENDAR - \$45 PER YOUTH BASEBALL/VOLLEYBALL

2021

- Registration: April 12 - May 7 2021
- Coaches Training: May 18 2021
- Baseball Assessments: May 25 2021
- Volleyball Assessments: May 26 2021
- Volleyball Parents Meeting: June 3 2021
- Baseball Parents Meeting: June 4 2021
- Season: June 7 - August 13 2021

FLAG FOOTBALL/INDOOR SOCCER

2021

- Registration: July 19 - August 13 2021
- Coaches Training: August 17 2021
- Football Assessments: August 18 2021
- Indoor Soccer Assessments: September 2 2021
- Football Parents Meeting: September 1 2021
- Indoor Soccer Parents Meeting: August 27 2021
- Season: September 7 - November 12 2021

BASKETBALL

2021 / 2022

- Registration: October 25 - November 19 2021
- Coaches Training: November 22 2021
- Assessments: November 23 & 24 2021
- Parents Meeting: December 3 2021
- Season: December 6 2021 - February 25 2022

OUTDOOR SOCCER

2022

- Registration: January 24 - February 25 2022
- Coaches Training: March 1 2022
- Assessments: March 2 2022
- Parents Meeting: March 4 2022
- Season: March 7 - May 22 2022

THE PHILOSOPHY

“Athletes First, Winning Second”

At RAF Mildenhall, the Youth Sports Program develops programs that foster Children’s ethical, social, physical, intellectual and psychological development all with the purpose of having fun and enjoyment. All while nurturing each child’s capacity to learn life-skills. The emphasis of youth sports is on skills development, cooperation, teamwork and maximum participation. The Air Force Youth Sports program follows the National Standards for Youth Sports and develops programs that are consistent with the philosophy outlined in those standards.

PROGRAM PHILOSOPHIES

- 5 - 6 year olds: **Developmental Program**
- 7 - 8 year olds: **Sport Instruction Program**
- 9 - 10 year olds: **Organizational Program**
- 11 - 12 year olds: **Skill Enhancement Program**
- 13 - 18 year olds: **Complex Skill Development Game Strategy & Refinement**

SPORT PHYSICALS

IAW AFI 34-144, All participants are required to have an annual sports physical. Parents can obtain a physical by scheduling an appointment with RAF Lakenheath Pediatrics (28 days in advance) at (226-8010). After the physical has been completed, please return the physical form to the RAF Mildenhall Youth Center to be kept on file for one year. After the year is up, the forms are destroyed.

**All programs and events are based on a first come, first served basis. Registration is not official until fees have been paid and permission forms fully completed. Program information, dates and times are subject to change. Please feel free to contact YP Sports Director for further information at 01638 540098.



PLAYER’S CODE OF ETHICS PLEDGE

I hereby pledge to provide positive support, care and encouragement for my teammates participating in Youth sports by following this:

PLAYER’S CODE OF ETHICS PLEDGE

I will encourage good sportsmanship from fellow Players, coaches, officials, and parents at every game and practice by demonstrating good sportsmanship.

I will attend every practice and game that I can and will notify my coach if I cannot.

I will expect to receive a fair and equal amount of playing time.

I will do my very best to listen and learn from my coaches.

I will treat my coaches, other players, officials and fans with respect regardless of race, sex, creed, or abilities and I will expect to be treated accordingly.

I deserve to have fun during my sports experience and will alert parents of coaches when it stops being fun.

I deserve to play in an environment that is free from drugs, tobacco and alcohol and expect adults to refrain from their use at all youth sports.

I will encourage my parents to be involved in my team in some capacity because it is important to me.

I will do my very best in school.

I will remember that sports participation is an opportunity to learn and have fun.



‘ALL STAR’ START SMART PROGRAM

6 week developmental program for children ages 3-5 years.

The program helps parents work one-on-one with their children while teaching them the basics of sports (throwing, catching, kicking and batting) to prepare them for organized sports.



PARENT’S CODE OF ETHICS PLEDGE

I hereby pledge to provide positive support, care and encouragement for my child participating in Youth sports by following this:

*I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice, or other youth sports events.

*I will place the emotional and physical well-being of my child ahead of a personal desire to win.

*I will insist that my child play in a safe and healthy environment.

*I will support coaches and officials working with my child, in order to encourage a positive and enjoyable experience for all.

*I will demand a sports environment for my child that is free of drugs, tobacco, and alcohol and will refrain from their use of all youth sports events.

*I will remember that the game is for youth - not for adults.

*I will do my very best to make youth sports fun for my child.

*I will ask my child to treat other players, coaches, fans, and officials with respect regardless of race, sex, creed or ability.

*I will promise to help my child enjoy the youth sports experience by doing whatever I can, such as being a respectful fan, assisting with coaching, or providing transportation.

*I will require my child’s coach be trained in the responsibilities of being a youth sports coach and that the coach uphold the Coach’s Code of Ethics.

*I will read the NAYS National Standards for Youth Sports and do what I can to help all youth sports organizations implement and enforce them.



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100FSS/FSFY | BUILDING 293, UNIT 4702, RAF
MILDENHALL, APO AE 09459