

# **START SMART 2024 • \$30**

Ages 3-5 years (parents must be present).

# START SMART BASKETBALL • 2024

- Registration: December 4, 2023 Jan 5, 2024
- Season Start: January 5, 2024 Season Complete: February 16, 2024

#### START SMART SOCCER • 2024

- Registration: February 5 March 1, 2024
- Season Start: March 8, 2024 Season Complete: February 19, 2024

# START SMART BASEBALL • 2024

- Registration: April 8 May 24, 2024
- Season Start: May 3 2024 Season Complete: June 7, 2024

# START SMART FLAG FOOTBALL • 2024

- Registration: July 15 August 9, 2024
- Season Start: August 9, 2024 Season Complete: September 13, 2024





# 'ALL STAR' START SMART PROGRAM

6 week developmental program for children ages 3-5 years.

The program helps parents work one-on-one with their children while teaching them the basics of sports (throwing, catching, kicking and batting) to prepare them for organized sports.



# PARENT'S CODE OF ETHICS PLEDGE

I hereby pledge to provide positive support, care and encouragement for my child participating in Youth sports by following this:

\*I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice, or other youth sports events.

\*I will place the emotional and physical well-being of my child ahead of a personal desire to win.

\*I will insist that my child play in a safe and healthy environment.

\*I will support coaches and officials working with my child, in order to encourage a positive and enjoyable experience for all.

\*I will demand a sports environment for my child that is free of drugs, tobacco, and alcohol and will refrain from their use of all youth sports events.

\*I will remember that the game is for youth - not for adults.

\*I will do my very best to make youth sports fun for my child.

\*I will ask my child to treat other players, coaches, fans, and officials with respect regardless of race, sex, creed or ability.

\*I will promise to help my child enjoy the youth sports experience by doing whatever I can, such as being a respectful fan, assisting with coaching, or providing transportation.

\*I will require my child's coach be trained in the responsibilities of being a youth sports coach and that the coach uphold the Coach's Code of Ethics.

\*I will read the NAYS National Standards for Youth Sports and do what I can to help all youth sports organizations implement and enforce them.





### RAF MILDENHALL YOUTH PROGRAMS

100FSS/FSFY | BUILDING 293, UNIT 4702, RAF MILDENHALL, APO AE 09459

# RAF MILDENHALL



2024

# YOUTH SPORTS PROGRAM

RAF Mildenhall Youth Programs 100fss.fsyy.youthsports@us.af.mil 01638 54 5437 or 238-KIDS









We have updated our registration process to reflect the new Air Force standards that all bases will be using by utilizing the CYPBMS online registration format. To begin registration: Please email the following info to <a href="mailto:100fss.fsyy.youthsports@us.af.mil">100fss.fsyy.youthsports@us.af.mil</a> your full name, and name of all children participating, Non-military email and personal phone number.

\* If you are already registered for CYPBMS through CDC/YP, please provide the location of the enrolled base.

#### PLAYER'S CODE OF ETHICS PLEDGE

I hereby pledge to provide positive support, care and encouragement for my teammates participating in Youth sports by following this:

# PLAYER'S CODE OF ETHICS PLEDGE

I will encourage good sportsmanship from fellow Players, coaches, officials, and parents at every game and practice by demonstrating good sportsmanship.

I will attend every practice and game that I can and will notify my coach if I cannot.

I will expect to recieve a fair and equal amount of playing time.

I will do my very best to listen and learn from my coaches.

I will treat my coaches, other players, officials and fans with respect regardless if race, sex creed, or abilities and I will expect to be treated accordingly.

I deserve to have fun during my sports experience and will alert parents of coaches when it stops being fun.

I deserve to play in an environment that is free from drugs, tobacco and alcohol and expect adults to refrain from their use at all youth sports.

I will encourage my parents to be involved in my team in some capacity because it is important to me.

I will do my very best in school.

I will remember that sports participation is an opportunity to learn and have fun.

# SPORTS CALENDAR - 2024 REGISTRATION \$50

# **BASKETBALL**

# 2023 / 2024

- Registration: October 16 November 10, 2023
- Coaches Training: November 13, 2023
- Assessments: November 21 22, 2023
- Parents Meeting: December 1, 2023
- Season: December 4, 2023 February 24, 2024

# **OUTDOOR SOCCER**

#### 2024

- Registration: January 22 February 23, 2024
- Coaches Training: February 26, 2024
- Assessments: February 27, 2024
- Parents Meeting: March 1, 2024
- Season: March 4 May 17, 2024

# BASEBALL/VOLLEYBALL

#### 2024

- Baseball Registration: April 15 May 10, 2024
- Volleyball Registration: April 15 10 May, 2024
- Both Coaches Training: May 20, 2024
- Baseball Assessments: May 22, 2024
- Volleyball Assessments: May 23, 2024
- Baseball Parents Meeting: May 31, 2024
- Volleyball Parents Meeting: May 30, 2024
- Baseball Season: June 3 August 10, 2024
- Volleyball Season: June 6 August 8, 2024

# FLAG FOOTBALL/INDOOR SOCCER

# 2024

- Both Registration: July 15 August 9, 2024
- Both Coaches Training: August 14, 2024
- Flag Football Assessments: August 16, 2024
- Indoor Soccer Assessments: August 15, 2024
- Flag Football Parents Meeting: August 23, 2024
- Indoor Soccer Parents Meeting: August 22, 2024
- Both Seasons: August 26 Novemer 2, 2024

#### THE PHILOSOPHY

### "Athletes First, Winning Second"

At RAF Mildenhall, the Youth Sports Program develops programs that foster Children's ethical, social, physical, intellectual and psychological development all with the purpose of having fun and enjoyment. All while nurturing each child's capacity to learn life-skills. The emphasis of youth sports is on skills development, cooperation, teamwork and maximum participation. The Air Force Youth Sports program follows the National Standards for Youth Sports and develops programs that are consistent with the philosophy outlined in those standards.

#### PROGRAM PHILOSPHIES

5 - 6 year olds: **Developmental Program** 

7 - 8 year olds: **Sport Instruction Program** 

9 - 10 year olds: **Organizational Program** 

11 - 12 year olds: Skill Enhancement Program

13 - 18 year olds: **Complex Skill Development** 

Game Strategy & Refinement

## SPORT PHYSICALS

IAW AFI 34-144, All participants are required to have an annual sports physical. Parents can obtain a physical by scheduling an appointment with RAF Lakenheath Pediatrics (28 days in advnace) at (226-8010). After the physical has been completed, please return the physical form to the RAF Mildenhall Youth Center to be kept on file for one year. After the year is up, the forms are destryoed.

\*\*All programs and events are based on a first come, first served basis. Registration is not official until fees have been paid and permission forms fully completed. Program information, dates and times are subject to change. Please feel free to contact YP Sports Director for further information at 01638 540098.

